



SEND Newsletter

Autumn Term 2023

Welcome

Welcome to the first Special Educational Needs and Disabilities (SEND) newsletter.

The purpose of this newsletter is to keep in touch with the families of our young people with SEND, to keep you informed of updates and to share information for further support.

I hope you will find this newsletter useful and I would be interested to hear ways for the school and families to work together going forwards.

Meet Your SENCo



Mrs Arnold
SENCo

My name is Amy Arnold and I am the SENCo at LSN Primary Academy.

I work at LSN on a Thursday and spend Monday to Wednesday at a school within Keystone Academy Trust.

Please do not hesitate to contact me on:

senco@lsn.keystonemat.org

Jargon Buster

SEND - Special Educational Needs and Disabilities

SENCo - Special Educational Needs Coordinator

ISP - Individual Support Plan

SALT - Speech and Language Therapist

EP - Educational Psychologist

STT - Specialist Teaching Team

CAMHS - Child and Adolescent Mental Health Service

ESA - Enhanced Support Assistant

EHCP - Education, Health and Care Plan

Key Dates

Monday 9th October and Thursday 12th October - Parents' Evening

SENCo available on Thursday 12th.

Thursday 21st September - SEND Coffee Afternoon

Meet the SENDCo, discuss the graduated approach and Q&A.

Thursday 23rd November - SEND Coffee Afternoon

Focus TBC.

School Website

Please do take a look at the SEND page on our school website. Here you will find SEND documentation, links to outside agencies and further support.

www.luttonstnicholasprimary.org/info/SEND.html

LOCAL OFFER

<https://www.lincolnshire.gov.uk/send-local-offer>

The Local Offer brings together information for children and young people with SEND and their families.

It includes advice about health, education and social care for:

- Children and young people from birth to 25 years old with SEND
- Parents and carers of children with SEND
- Providers of services for children and young people



WORKING TOGETHER TEAM

[Working Together Team - Upcoming Events \(wtt.org.uk\)](http://wtt.org.uk)

The Working Together Team is a National Autistic Society Advanced Status Accredited Service. They advocate best practice and provide specialist support to empower mainstream settings to ensure autistic children & young people thrive through collaborative working with families and professionals.



Latest courses for parents and carers from the Working Together Team can be found on the link above. All courses are delivered on teams.

You must book 48hrs in advance.

SEND Station

www.sendstation.co.uk

SEND Station offer practical and accessible SEND training and support online for teachers, support staff, parents and other professionals. Courses cost in the range of £9 to £15 and are all held on Zoom.





SEMH

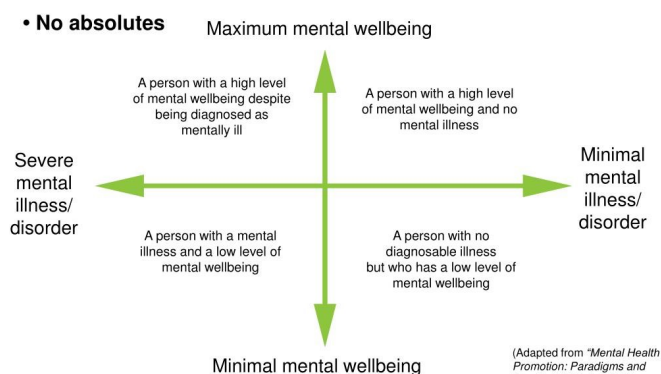
Social, Emotional & Mental Health

SEMH is a broad term used to define a range of different needs that children and young people may have at any given time and the impact that these needs may have on their wellbeing and ability to learn. SEMH needs can be attributed to many different causes, some less obvious than others. Life experiences, genetic factors, environments all play a part and all need to be considered.

Children and young people may experience a wide range of social and emotional difficulties which manifest themselves in many ways. These may include becoming withdrawn or isolated, as well as displaying challenging, disruptive, or disturbing behaviour. Emotional regulation, recognising and normalising emotions and the ability to manage stress, build resilience skills and understand others' emotions can affect children and young people's sense of wellbeing, access to the community, ability to solve problems and learn effectively.

The Mental Health Continuum (below) shows the different positions children and young people can be in regarding their emotional wellbeing and mental health.

The Mental Health Continuum



Where can I get support?

Healthy Minds



[Healthy Minds Lincolnshire :: Lincolnshire Young Minds \(lpft.nhs.uk\)](https://www.lincolnshire.gov.uk/young-minds)

Place2be



[Improving children's and young people's mental health - Place2Be](https://www.place2be.co.uk/)

Breathing and Grounding Techniques

